

21 March 2025

Dear Parent/Carer,

Upcoming Year 8 RHPD lesson

As a part of your child's education at The Weald, we promote personal wellbeing and development through a comprehensive Relationships, Health and Personal Development programme (RHPD). In the next few weeks, your son/daughter will cover the topic of loss, grief and bereavement in their RHPD lessons.

The purpose of these lessons is to help students explore this unfortunate, yet unavoidable, part of life; helping students to understand what these emotions are, what impact they can have on people in the short and long term, and to help support students handle these emotions healthily and to support their friends who might be experiencing them. The RHPD curriculum aims to equip students with the skills they need to navigate the many different challenges that they will face in their lives and we aim in this lesson to help provide a starting point.

The lesson will be handled sensitively as we are aware that loss, grief and bereavement can happen at any point within a person's life, and our teachers will aim to support students to feel safe and confident to ask questions and discuss in an open, mature and respectful way.

We recognise that this is a sensitive topic, but an important one. If you have any concerns or questions, please speak to your child's teacher and/or Head of House and we will ensure that your child is supported. Please also reach out to us if your child needs any particular support in this area as we have a bereavement counsellor on site.

Yours faithfully,



Mr N Everest
RHPD Teacher