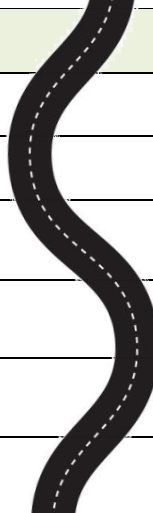


## RHPD Curriculum Summary as of September 2022

### Year 11

| TERM 1   |   |
|--|---|
| 1  | <b>Wellbeing</b> – Stress and the five wells                                  |
| 2  | <b>Wellbeing</b> – Flexible thinking  |
| 3  | <b>Wellbeing</b> – Mindfulness physical                                       |
| 4  | <b>Wellbeing</b> – Social Well being  |
| 5  | <b>Wellbeing</b> – Self perception  |
| 6  | <b>Being Safe</b> - Because I'm worth it! Alcohol – Respect it!               |
| 7  | <b>Being Safe</b> - Matter of choice – Substances                             |
| 8  | <b>Careers</b> – CV Writing 101   |
| 9  | <b>Careers</b> - CV Writing Practice  |
| 10   | <b>Careers</b> - Making Post-16 Applications                                  |
| <b>Being Safe</b> - Safe Drive (Off Timetable Event) |   |
| 11   | <b>Careers</b> - Interview Preparation  |
| 12   | <b>Careers</b> - Virtual Interview Practice                                   |
| 13   | <b>RSHE</b> - Family conflict   |
| 14   | <b>RSHE</b> – Relationships, law, sex, dating and the internet                |
| TERM 2   |   |
| 1  | <b>RSHE</b> - Sexual health, fertility and routes to parenthood               |
| 2  | <b>RSHE</b> - Managing relationship conflict and breakups                     |
| 3  | <b>RSHE</b> - Addressing relationship abuse                                   |
| 4  | <b>RSHE</b> – Consent and rape  |
| 5  | <b>RSHE</b> - Pressure, persuasion and coercion                               |
| 6  | <b>RSHE</b> - Coercive control  |
| 7  | <b>RSHE</b> - Sexual harassment   |
| 8  | <b>RSHE</b> - Victim blaming  |
| 9  | <b>Living in the wider world</b> – Banking, saving and investments            |
| 10   | <b>Living in the wider world</b> – Credit and interest                        |
| 11   | <b>Living in the wider world</b> - Mortgages Vs Renting                       |
| 12   | <b>Living in the wider world</b> – Economic Wellbeing-Pay/self-employment/tax |
| 13   | <b>Keeping Safe</b> – Body modification / Cosmetic Surgery                    |

|   | TERM 3   |
|---|--|
| 1 | <b>Keeping Safe</b> – Screening for diseases / vaccination   |
| 2 | <b>Keeping Safe</b> - Gambling                               |
| 3 | <b>Keeping Safe</b> – Extremism                              |
| 4 | <b>Keeping Safe</b> – Internet subcultures                   |
| 5 | <b>Keeping Safe</b> – First Aid – <i>Recovery and CPR</i>    |
| 6 | <b>Keeping Safe</b> – First Aid – <i>Safe on a night out</i> |



**Year 12 or another pathway**