

Relationship Health and Personal Development [RHPD] Road Map 2022- 2023

Year 13

TERM 1	
1	My Success - Sixth Form Mind-set
2	My Success - Prepping for success
3	Careers - Writing a Cover Letter
4	Careers - Tailoring My CV
5	Careers - Assessment Centre Preparation
6	Personal Wellbeing - Coping with stress
7	Personal Wellbeing - Mental health

TERM 2	
1	Personal Wellbeing - Body modification +
2	Life Skills - Healthy, Unhealthy and Coercive relationships
3	Life Skills - Consent, sexual assault and rape
4	Life Skills - Sexual harassment and stalking
5	Life Skills - Substances and exploitation
6	Careers - Networking and Personal Branding

TERM 3	
1	Independent Living - Budgeting on a budget and maintaining a healthy diet
2	Independent Living - Bank accounts and credit
3	Independent Living - Mortgages

The Future!