

# Instagram





This is the Instagram logo, you can download on any smart phone that has its own app store.

## Privacy Settings

### How do I set my photos and videos to private so that only approved followers can see them?

By default, anyone can view your profile and posts on Instagram. To make your posts private so only approved followers can see them:

1. Go to your profile by tapping  on iPhone and Windows Phone or  on Android
2. Tap **Edit Your Profile** next to your profile picture
3. Turn on the **Posts Are Private** setting and then tap **Done**

Once you make your posts private, people will have to send you a follow request if they want to see your posts, your followers list or your following list. You'll see requests in your News, which you can then approve or ignore.

People can also send a photo or video directly to you even if they're not following you.





## Blocking People

Please note that by default, anyone can view your photos and videos. If you'd like to make sure only your followers see your posts, turn on private posts. Once you turn on private posts, anyone who wants to see your photos or videos will have to send you a follower request, which you can then approve or deny.

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### ▼ How do I block or unblock someone?

When you block someone, they can't see your profile and posts. To block or unblock someone:

1. Go to their profile by tapping  at the bottom of the app, tapping the search bar at the top and then searching for their name or username
2. Tap their profile to open it and then tap  (iPhone/iPad),  (Android) or  (Windows Phone)
3. Tap **Block User** or **Unblock User**