

Break

All our ingredients are locally sourced and delivered fresh by local suppliers. Our eggs are free-range and Red Lion stamped, our fish is sustainably sourced and MSC approved and our meat is British Red Tractor accredited wherever possible.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
THE BAKERY	Waffles	Selection of muffins	Waffles	Ham and cheese Bagel	Waffles
VEGETARIAN	Pizza Selection	Mozzarella fries with sweet chilli sauce	Pizza Selection	Nachos with Guacamole and cheese	Pizza Selection
HOT BREADS & SLICES	Margarita or Ham and cheese Panini	Margarita or Bacon and cheese Panini	Pesto or Pepperoni and cheese Panini	BBQ and cheese or Ham and cheese Panini	Margarita or Meatball Panini
	Open Chicken Wraps	Selection of Chicken Naans	Bacon and cheese Turnovers	Cheesy Garlic bread	Open Chicken Wraps
HOT SAVOURIES	Sausage Roll	Chicken Goujons	Cheeseburger	Popcorn chicken	Cheese and red onion Quesadilla
	Chicken Thigh	Breakfast Pots	Chicken Thigh	Chicken Thigh	Chicken Thigh
ON THE SIDE	Onion Rings	Potato bites	Loaded fries with salsa and cheese	Spicy Wedges	Hash Browns
COLD DELI	SELECTION OF SANDWICHES, FRUIT AND DESSERT POTS				

**Fresh
Fruit**



**Fresh
Smoothie**