

Enquiry question	Core lesson aims
How can I make the most of Year 13?	to reflect on the last year and how to cope with stress and challenges of the coming year.
How can I help support applications	to understand the difference between a cv and personal statement and cover letter and try to improve our own
How to maximise chances of getting employment	to recognise how to tailor a cv or cover letter for a specific job role
What other options are available if I don't want to go to university?	to understand the other opportunities beyond university , specifically looking at the pros and cons of taking a gap year
How can I best manage stress?	to understand what causes stress and ways to manage it
How can I look after my own wellbeing?	looking at how to manage mental health specifically looking at anxiety and depression
How can I stay safe within relationships?	to specifically look at coercive control and spotting the 'red flags' within any relationship
Why do people think they have power over others?	to understand what sexual harassment is as well as stalking . To discuss what boundaries are and when behaviour is unacceptable.
Why does consent matter?	focussing on the meaning of consent and reflecting on different scenarios with it
Why do people misuse drugs and alcohol?	to understand why people misuse substances, what are the consequences and presentations of it in the media
How can you promote yourself?	to understand what networking and personal branding is and how to build on this positively
How can you make money work for you?	looking at the different ways to budget while away from home and the benefits of it. Also what to budget while looking after yourself.

How can I make the most out of my money?	● to understand what a credit card is and the pros and cons of it. To understand the benefits of different ban
How do I ensure I am being paid properly?	● to work out what is taxed and how and when with your earnings
Independent living - living alone	● to understand what bills and things you have to consider when living independently