



# Bronze D of E Training weekend Blackland Farm April 27<sup>th</sup>-28<sup>th</sup> 2019



Simple  
'How to  
pack your  
DofE  
rucksack'  
Download



# Details for Saturday

Venue: Blackland Farm, Grinstead Lane, Sharpthorne West  
Sussex, RH19 4HP

- Arrive between 8:30 and 8:55am: Coming from the **south**, drive past the main gate and enter the next gate on the left: someone will be standing there.
- Coming from the north (East Grinstead, before you reach the main gate, there will be gate on the right into a field: turn there. Parents will drop you off and then leave.
- Drop off and pick up point:
- <https://bit.ly/2W79741>
- Collect from here on Sunday after 1pm.
- Bring everything in rucksack as if it is the expedition: pack it the night before: equipment list on next slide
- **NO PHONES TO BE USED OVER THE WEEKEND.** If you bring your phone, it will be wrapped and taped up.

# Equipment

Fully equipped:

- rucksack
- suitable shirt
- warm top (fleece jacket)
- waterproof jacket and trousers
  - suitable walking trousers
- walking boots and socks
- change of underwear
- nightwear
- warm hat and gloves
- Torch and batteries
- wash bag (toothbrush, soap etc)
- personal medicines
- Tent

- sleeping bag
- sleeping mat
- cooking stove and matches or lighter (group);
- **team meals: dinner and breakfast; plus lunch and snacks**
- Knife, fork, spoon, plate, bowl, mug
- washing up materials (group)

# Programme for the weekend

- **Saturday**

- *carousel of training activities on site:*
  - The Expedition Rucksack and Footwear / Blisters
    - Use of Stoves and Expedition Food
      - Tents and Campcraft
- Emergency Procedures and Road Crossings / Group Shelters
- Navigation – Orientation, Bearings and Distance / Pacing
  - ***Route Planning and Navigation Exercise – All Groups***
- **Evening:** cook dinner, clear up group activities
- Lights out 10:30pm

- **Sunday**

- Breakfast and De-Camp
- Route Planning and Planned Morning Walk / Navigation Training / First Aid Scenarios off site
  - **1pm:** Debrief and Depart

Emergency phone numbers for your parents  
Please ask them to call Ms Mead first if they need to  
get in touch with you. Remind them you will not have  
access to your phone.

Ms. Mead Emergency  
Number

**07789 112457**

Mr Brixey (school  
emergency contact):

**07518 607376**