

### Information for Bronze 2019-2020

1. Information evening with parents: Sept 10th 2019 Tuesday Evening 6:30-7:30pm
2. Blackland Farm Training weekend September 28th/29th 2019

#### Training weekend kit list

- rucksack
- suitable shirt
- **warm top (fleece jacket)**
- **waterproof jacket and trousers**
- suitable walking trousers
- **walking boots and socks**
- change of underwear
- nightwear
- warm hat and gloves
- Torch and batteries
- wash bag (toothbrush, soap etc)
- **personal medicines**
- Tent (group)
- sleeping bag
- sleeping mat
- cooking stove and matches or lighter (group);
- food for evening meal and breakfast (group)
- Knife, fork, spoon, plate, bowl, mug
- washing up materials (group)

A packed lunch is required for **both** days of the weekend.

On **ALL** weekends: A reusable drinks bottle is needed.

3. Throughout the winter, you will need to regularly go for long walks and log them for us to see where, how long and the time it took. This is to improve your physical fitness and your navigation ready for the expedition. Suggested walks will be on the school website. Try and go with family, but also with your team, and use a map as much as possible.

4. All the teams will be allocated a place either in Group 1 or Group 2 for the practice and Qualifying expeditions.

Dates:

- **Practice Expedition** Friday evening to Sunday afternoon: 24th-26th April 2020
- Group 1: Friday evening to Saturday afternoon
- Group 2: Saturday evening to Sunday afternoon
  
- **Qualifying Expedition Group 1:** Sat/Sun 6th/7th June 2020
- **Qualifying Expedition Group 2:** Sat/Sun 20th/21st June 2020