

PD Curriculum Summary as of September 2019

Year 10

TERM 1	
1	Wellbeing - How can PD help me & beat Stress This Year!
2	Wellbeing - Have I got it right? Strategies for revision
3	Well Being - Emotional health
4	Work Related Learning - Work Experience Launch
5	Work Related Learning - Career Action planning - CV Writing
6	Wellbeing - What is normal? Societal expectations of self
7	Wellbeing - *Breast and Testicular Cancer* - What to watch & look for *Timings vary during year

TERM 2	
1	Wellbeing - Alcohol - what is not healthy!
2	Wellbeing - Substances - Make the right choices and the law
3	Wellbeing - County Lines - Criminal exploitation
4	Wellbeing - Laws what you need to know - sex, pornography and the internet
5	Wellbeing - Game of Risk - personal safety, drug misuse, smoking and underage sex
6	Relationship and Sex Education - Starting a sexual relationship

TERM 3	
1	Relationship and Sex Education - Exploitation & abusive relationships - keep safe
2	Relationship and Sex Education - Blurred lines, unreal expectations - Pornography
3	Relationship and Sex Education - Recap contraception
4	World of work - Health and safety
5	World of work - Health and safety
Work Experience Week	
5	World of work - Work Experience debrief