

1Name\_\_\_\_\_

## Introduction

- ☐ Discuss who your guide is for and what it will contain.

### 1. LO1 Understand how to support individuals to maintain their rights

- ☐ Joining in activities
  - ☐ food options
  - ☐ selection of a GP
- ☐ where and how treatment is received
  - ☐ not being spoken about etc
    - ☐ equal and fair treatment for needs
    - ☐ views and opinions sought
    - ☐ feeling valued gaining self esteem
    - ☐ Empowerment
    - ☐ instilling confidence and trust
    - ☐ feeling safe
    - ☐ having equality of access to services and treatments
    - ☐ meeting your needs
    - ☐ Effective communication/ vocabulary, patronising tones
    - ☐ adapting communication to the needs of the situation
    - ☐ Listening
    - ☐ provisions of up to date timely information
    - ☐ Challenging discriminatory behaviour
    - ☐ information about complaints procedures/options, steps to take procedures to follow

### LO 2 The values of care in health and social care

- ☐ equality and diversity
- ☐ Confidentiality
- ☐ individual rights and beliefs
- ☐ Applied in health settings
- ☐ social care setting such as residential homes
- ☐ in early years and education
- ☐ how the values are applied: equality
- ☐ Confidentiality
- ☐ promoting individual rights and beliefs
- ☐ being a reflective practitioner

#### How early years values are applied

- ☐ Welfare of child is paramount
  - ☐ positive expectations
  - ☐ smacking /humiliating
  - ☐ protection from abuse
  - ☐ health and safety procedures
  - ☐ working in partnership with parents guardians and outside agencies
  - ☐ range of experiences/choice
  - ☐ Valuing diversity: traditions customs and festivals
  - ☐ equality of opportunity relating to potential
  - ☐ practising anti-discrimination
  - ☐ Need to know basis
  - ☐ working in partnership
  - ☐ standardising care i
  - ☐ improving quality of care
  - ☐ provision of clear guidelines to inform and improve practice
  - ☐ maintain and improve quality of life
  - ☐ If care is not applied - Impact physically - pain if unmedicated failure to thrive

**LO3** Understand how legislation impacts on care settings  
Key aspects of legislation which apply to the above groups

- ☐ Children and young people
- ☐ vulnerable adults
- ☐ ethnic minority groups
- ☐ people with disabilities
- ☐ men and women
- ☐ older adults
- ☐ Equality Act 2010
- ☐ Children Act 2004
- ☐ Data protection Act 1988 and GDPR
- ☐ Health and Safety at work act 1974
- ☐ Mental Health Act 2007

☐ **How does the legislation support**

- ☐ individual rights
- ☐ frameworks for maintenance and improvement of practice
- ☐ standards/codes of practice and conduct
- ☐ people exercising their rights
- ☐ training of care workers
- ☐ service providers - policies and procedures

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☐ **LO4 Understand how personal hygiene, safety and security measures protect individuals**

☐ Personal hygiene to include: hair tied back/covered no jewellery, nail polish

- ☐ Open wound coverage/hand washing routines
- ☐ protective clothing
- ☐ Brushing teeth- oral hygiene
- ☐ disposal of waste
- ☐ Safety procedures fire evacuation, major incident
- ☐ equipment considerations: #training/fit for purpose
- ☐ moving and handling techniques
- ☐ Checking of external entrances
- ☐ monitoring of key holding
- ☐ security pads on doors / window locks
- ☐ reporting concerns to line managers
- ☐ identification of staff, receiving and monitoring visitors
- ☐ Reducing spread of infection
- ☐ methods for risk reduction/risk management
- ☐ methods to reduce/prevent accidents good practice